

# TODAY'S MENU

## Sunday

### Lunch

Marinated Artichoke Hearts

Roasted Cornish Hen  
Garlic Mashed Potatoes  
Broccoli Florets



OR

Barbecue Artic Char  
Brown Rice  
Asparagus Spears



Salad Bar

Fruits of the Forest Pie  
Sugar Free Dessert By Request

### Dinner

Chicken Orzo Soup



Grilled Rubeen Sandwich  
Potato Chips  
Dill Pickle

OR

Cheese Manicotti w/Marinara  
Italian Green Beans  
Soft Bread Sticks



Salad Bar

Chocolate Chip Cookie  
Sugar Free Dessert By Request

# TODAY'S MENU

## Monday

### Lunch

**Corn Chowder Soup**

**Corned Beef Hash /Poached Egg  
Green Beans**

**OR**

**Tuna Salad Stuffed Tomato Plate  
Rye Roll**



**Salad Bar**

**Smores Squares**

**Sugar Free Dessert By Request**

### Dinner

**Sweet Cherry Gelatin Salad**

**Liver & Onions  
Mashed Potatoes  
Baby Carrots**

**OR**

**Rotisserie Style Chicken  
Mushroom Rice Pilaf  
Roasted Beets**



**Salad Bar**

**Gingerbread**

**Sugar Free Dessert By Request**

# TODAY'S MENU

## Tuesday

### Lunch

Green Split Pea Soup



Chili Con Carne  
Corn Bread



Steamed Vegetables

OR

Ham & Swiss Melt

Potato Chips

Pickle Spear

Salad Bar

Scalloped Apples

Sugar Free Dessert By Request

### Dinner

Mixed Greens Salad

Fish Veronique

Barley Pilaf

Baked Tomato Half

OR

Roasted Turkey Breast

Mashed Rutabaga

Country Blend Vegetables



Salad Bar

Peach Melba Trifle

Sugar Free Dessert By Request

# TODAY'S MENU

Wednesday

## Lunch

 White Bean & Vegetable Soup

Beer Battered Fish  
Fresh Potato Wedges  
Coleslaw

OR

 Chicken Pad Thai  
Broccoli Florets

Salad Bar  
Pistachio Ice Cream  
Sugar Free Dessert By Request

## Dinner

Spinach Salad

Baked Ham/Apricot Glaze  
Glazed Sweet Potatoes  
Cauliflower w/ Chives & Nutmeg

OR

 Braised Beef Tips  
White Rice  
Sautéed Swiss Chards

Salad Bar  
Bananas Foster Bread Pudding  
Sugar Free Dessert By Request

# TODAY'S MENU

## Thursday

### Lunch

Potato & Leek Chowder



“Omelet Station”

OR

Artichoke & Goat Cheese

Flat Bread



OR

Turkey & Cheddar Croissant

Potato Chips



Salad Bar

Chilled Peaches

Sugar Free Dessert By Request

### Dinner

Waldorf Salad



Citrus Chicken

Basmati Rice

Whole Green Beans

OR

Bleu Cheese Crusted Pork Loin

Scalloped Potatoes

Broccoli Spears

Salad Bar

Small Bites Duo

Sugar Free Dessert By Request

# TODAY'S MENU

## Friday

### Lunch

Vegetable Rice Soup



Meatball Sandwich  
Scandinavian Blend

OR

Pancakes  
Sausage Links  
Fruit Wedge

Salad Bar

Pear Cake w/Praline Pecan  
Sugar Free Dessert By Request

### Dinner

Pineapple Coleslaw



Cajun Style Baked Cat Fish  
Hush Puppies  
Steamed Spinach

OR

Mandarin Orange Chicken  
Jasmine Rice  
Roasted Winter Vegetables



Salad Bar

Lemon Meringue Pie  
Sugar Free Dessert By Request

# TODAY'S MENU

## Saturday

### Lunch

Chicken Gumbo Soup



Wing Dings

Baked Potato Wedges  
Carrot & Celery Sticks

OR

Cheese Strata  
Stewed Tomatoes



Salad Bar

Lemon Pudding  
Sugar Free Dessert by Request

### Dinner

Caesar Salad

Spaghetti w/Meat Sauce

Garlic Bread

Italian Blend Vegetables

OR

Maple Mustard Pork Tenderloin w/  
Caramel Apples

Mashed Sweet Potato

Mustard Greens



Salad Bar

Angel food Cake/ Strawberry  
Sce.