

# TODAY'S MENU

## Sunday

### Lunch

Pear & Bleu Cheese Salad



Roast Beef Tenderloin  
Baked Potato  
Sugar Snap Peas

OR

Lemon Parsley Lake Trout  
Wild Rice Pilaf  
Petite Carrots

Salad Bar

Upside Down Apple Walnut Pie  
Sugar Free Dessert By Request

### Dinner

Tomato Bisque Soup



Grilled Turkey Rueben  
Potato Chips  
Dill Pickle

OR

Broccoli Quiche  
Bran Muffin  
Melon Slice



Salad Bar

Mocha Mousse  
Sugar Free Dessert By Request

# TODAY'S MENU

## Monday

### Lunch

**Turkey Rice Soup**

**Cheese & Bean Enchiladas**

**Spanish Rice**

**Lettuce & Tomatoes**

**OR**

**Grilled Chicken Sandwich**

**Potato Chips**

**Lettuce & Tomatoes**

**Salad Bar**

**Raspberry Tartlet**

**Sugar Free Dessert By Request**

### Dinner

**Spring Garden Salad**

**Asian Marinated Pork Loin**

**Lo Mein Noodles**

**Broccoli Spears**

**OR**

**Meatloaf /Gravy**

**Mashed Potatoes**

**Mixed Vegetables**

**Salad Bar**

**Angel Food Cake w/Blueberry Sc.**

**Sugar Free Dessert By Request**

# TODAY'S MENU

## Tuesday

### Lunch

**Black Bean Soup**



**Philly Cheese Steak Sandwich  
Steamed Vegetables**

**OR**



**Thai Shrimp Pasta Salad  
Roll**

**Salad Bar**

**Tapioca Pudding**

**Sugar Free Dessert By Request**

### Dinner

**Cranberry Orange Gelatin Salad**



**Apricot Glazed Chicken  
Herbed Brown Rice  
Glazed Beets**

**OR**



**Salmon Patty w/Mustard Sauce  
Dilled Potatoes  
Grilled Mixed Vegetables**

**Salad Bar**

**Carrot Cake**

**Sugar Free Dessert By Request**

# TODAY'S MENU

## Wednesday

### Lunch



Potato Leek Soup

Macaroni & Cheese Casserole  
Steamed Spinach



OR

California Turkey Sandwich  
( Sliced turkey breast, tomato, mescaline lettuce,  
avocado , Monterey jack cheese on a croissant &  
raspberry vinaigrette)



Potato Chips

Salad Bar  
Watermelon

Sugar Free Dessert By Request

### Dinner

Gazpacho Salad

Chicken Teriyaki  
Rice



Steamed Swiss Chards  
OR

Braised Lamb Shanks  
Smashed Yukon Potatoes  
Brittany Blend Vegetables



Salad Bar

Chocolate Mint Pie  
Sugar Free Dessert By Request

# TODAY'S MENU

## Thursday

### Lunch

**Split Pea Soup**



**Cottage Cheese Fruit Plate  
Chocolate Chip Muffin**



**OR**

**BBQ Beef Sandwich  
Onion Rings  
Cut Green Beans**

**Salad Bar**

**Oatmeal Raisin Cookies  
Sugar Free Dessert By Request**

### Dinner

**Caesar Salad**

**Cornish Hen w/Plum Sauce  
Herbed Quinoa  
Asparagus Spears**

**OR**

**Spaghetti w/Meat sauce  
Garlic Bread  
Italian Blend Vegetables**



**Salad Bar**

**Marble Cake  
Sugar Free Dessert By Request**

# TODAY'S MENU

## Friday

### Lunch

**Lentil Spinach Soup**



**Hamburger / Bun**

**Potato Chips**

**Lettuce Tomato & Pickle**

**OR**

**Vegetable Egg Frittata**

**Muffin**

**Fresh Fruit**



**Salad Bar**

**Pannacotta Cream w/Raspberry**

**Sugar Free Dessert By Request**

### Dinner

**Calypso Salad**



**Fish Veronique**

**Lyonnais Potatoes**

**Steamed Spinach**

**OR**

**Greek Style Chicken Leg**

**Herbed Couscous**

**Vegetable Blend**



**Salad Bar**

**Chocolate Glazed Cream Puff**

**Sugar Free Dessert By Request**

# TODAY'S MENU

**Saturday**

## Lunch

**Fire Roasted Corn Soup**



**Seafood Salad**

**Grapes**

**Mini Croissant**

**OR**

**Beef Taco**

**Spanish Rice**

**Mixed Vegetables**

**Salad Bar**

**Flan**

**Sugar Free Dessert by Request**

## Dinner

**Provencal Salad**

**Pot Roast**

**Whipped Potatoes**

**Peas**

**OR**

**Baked Tilapia**

**Brown Rice**

**Stewed Tomatoes**



**Salad Bar**

**Chocolate Layer Cake**

**Sugar Free Dessert By Request**